

Mental Health Support in Gateshead

<p>Believe in children Barnardo's</p>  <p>www.barnardos.org.uk/gateshead</p>	<p> carerstrust Tyne & Wear Crossroads Carer Services action · help · advice</p> <p>www.carerstrusttw.org.uk/our-services/</p>	<p>CHANGING LIVES</p> <p>www.changing-lives.org.uk/</p>	<p></p> <p>www.children-ne.org.uk</p>
<p> Gateshead</p> <p>www.citizensadvicegateshead.org.uk/</p>	<p></p> <p>www.communitycounsellingcooperative.co.uk</p>	<p></p> <p>www.creativesupport.co.uk/</p>	<p> Cruse Bereavement Care</p> <p>www.cruse.org.uk/</p>
<p></p> <p>Gateshead Clubhouse</p> <p>www.gatesheadclubhouse.com/</p>	<p>Gateshead Talking Therapies ☎ 0191 283 2541</p> <p>www.gatesheadtalkingtherapies.nhs.uk/</p>	<p></p> <p>bringing words to life! Gateshead Libraries</p> <p>www.gateshead.gov.uk/Libraries</p>	<p></p> <p>www.mentalhealthconcern.org/</p>
<p>mhm mentalhealthmatters™</p> <p>www.mhm.org.uk</p>	<p> for better mental health</p> <p>Tyneside and Northumberland</p> <p>www.tynesidemind.org.uk/</p>	<p> Gateshead Health NHS Foundation Trust</p> <p>www.qegateshead.nhs.uk/</p>	<p> Northumberland, Tyne and Wear NHS Foundation Trust</p> <p>www.ntw.nhs.uk/</p>

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**South Tyneside
NHS Foundation Trust**
The path to **excellence**

www.stsft.nhs.uk




niwe
eating distress service

www.niwe.org.uk/



**NORTH EAST
COUNSELLING
SERVICES**

www.necounselling.org.uk/



**Facing
Depression
Together**
PeerTalk

www.peertalk.org.uk/



RECOCO
RECOVERY COLLEGE COLLECTIVE

www.recoverycoco.com



**RICHMOND
FELLOWSHIP**
MAKING RECOVERY REALITY

www.richmondfellowship.org.uk/



SAMARITANS

www.samaritans.org/branches/newcastle/



WinG
Making learning an adventure

www.wing.org.uk/

**Young People
(under25)**



Streetwise
Free confidential advice & information for young people

www.streetwisenorth.org.uk/



YWOP

www.ywop.co.uk

**Older people
(50+)**



**GATESHEAD
OLDER PEOPLE'S
ASSEMBLY**

www.gatesheadopa.org.uk/


Older Person's Mental Health Services'



QE Gateshead
Quality and excellence in health

www.qegateshead.nhs.uk/mentalhealth

Women Only




tyneside women's health
Improving women's mental health and emotional wellbeing

www.tynesidewomenshealth.org.uk/



**ONE YOU
GATESHEAD**



@OneYouGateshead

OurGateshead
www.ourgateshead.org/

Mental Health Support in Gateshead

Asylum seekers and refugees



www.peaceofmindnortheast.org.uk

Online support



<https://web.ntw.nhs.uk/selfhelp/>

Housing support



www.2waytenancy.co.uk/



www.gatesheadhousing.co.uk/



www.homegroup.org.uk/



www.homeless.org.uk



www.karbonhomes.co.uk/



www.england.shelter.org.uk

Other



www.northernpowergrid.com/care



www.royalvoluntaryservice.org.uk/






@OneYouGateshead

OurGateshead
www.ourgateshead.org/

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