

Gateshead Clubhouse Timetable

12 to 23 March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
12 March 1.30-2.30: Mindfulness for Beginners	13 March 1-3: Crafts	14 March 11-1: Anti-Mates. Peer sup- port group for autistic adults in Tyne & Wear.	15 March	16 March 1-3: Cooking Skills
19 March 1.30-2.30: Mindfulness for Beginners	20 March 1-3: Crafts	21 March	22 March	23 March 1-3: Cooking Skills